

<b>1. Sean Davis</b>	<b>*1:40.68</b>	<b>2004</b>
<b>2. Eric Foster</b>	<b>1:42.21</b>	<b>1999</b>
<b>3. Jeff Atteberry</b>	<b>1:43.21</b>	<b>1999</b>
<b>4. John Vigar</b>	<b>1:43.46</b>	<b>2008</b>
<b>5. John Landreth</b>	<b>1:43.97</b>	<b>1988</b>
<b>6. Kevin Darling</b>	<b>1:44.13</b>	<b>1994</b>
<b>7. Michael Tomes</b>	<b>1:44.19</b>	<b>2002</b>
<b>8. William Montague</b>	<b>1:44.24</b>	<b>2005</b>
<b>9. Bret Keyes</b>	<b>1:44.40</b>	<b>2000</b>
<b>10. Charlie Sparks</b>	<b>1:44.41</b>	<b>2004</b>

**\* Team record holder**

<b>1. Anita Beck</b>	<b>*1:50.40</b>	<b>2007</b>
<b>2. Megan Tomes</b>	<b>1:50.95</b>	<b>2001</b>
<b>3. Abby Wakeham</b>	<b>1:52.70</b>	<b>1998</b>
<b>4. Sarah Smith</b>	<b>1:52.74</b>	<b>2007</b>
<b>5. Laura Tomes</b>	<b>1:52.87</b>	<b>2006</b>
<b>6. Julia Comodeca</b>	<b>1:53.27</b>	<b>2008</b>
<b>7. Katie Chute</b>	<b>1:54.09</b>	<b>2005</b>
<b>8. Chelsea Homan</b>	<b>1:54.34</b>	<b>2001</b>
<b>9. Leigh Hicks</b>	<b>1:54.36</b>	<b>2007</b>
<b>10. Sarah Keyes</b>	<b>1:54.52</b>	<b>1998</b>

**\* Team record holder**

<b>1. Jerry Stephens</b>	<b>*1:53.61</b>	<b>1991</b>
<b>2. Doug Wharton</b>	<b>1:53.88</b>	<b>1989</b>
<b>3. John Kirk</b>	<b>1:54.54</b>	<b>1997</b>
<b>4. Rob Kauscher</b>	<b>1:56.42</b>	<b>2001</b>
<b>5. Dave Wilson</b>	<b>1:57.00</b>	<b>1978</b>
<b>6. John Kerins</b>	<b>1:57.25</b>	<b>1997</b>
<b>7. Chris Dunham</b>	<b>1:57.30</b>	<b>1996</b>
<b>8. Trevor Dumond</b>	<b>1:57.54</b>	<b>1998</b>
<b>9. John Landreth</b>	<b>1:59.96</b>	<b>1982</b>
<b>10. Jeff Raker</b>	<b>2:00.02</b>	<b>1982</b>

**\* Team record holder**

<b>1. Megan Tomes</b>	<b>*1:59.46</b>	<b>2003</b>
<b>2. Abby Wakeham</b>	<b>2:04.70</b>	<b>1996</b>
<b>3. Stephanie Wakefield</b>	<b>2:08.80</b>	<b>1998</b>
<b>4. Sarah Turner</b>	<b>2:10.24</b>	<b>1992</b>
<b>5. Anita Beck</b>	<b>2:10.34</b>	<b>2007</b>
<b>6. Emily Tomes</b>	<b>2:11.19</b>	<b>1999</b>
<b>7. Laura Tomes</b>	<b>2:12.57</b>	<b>2005</b>
<b>8. Meghan Bowling</b>	<b>2:12.60</b>	<b>2006</b>
<b>9. Angie Rosser</b>	<b>2:12.77</b>	<b>1991</b>
<b>10. Angela Wakefield</b>	<b>2:12.96</b>	<b>1997</b>

**\* Team record holder**

<b>1. Jason Druso</b>	<b>*21.29</b>	<b>1992</b>
<b>2. Kenji Cummings</b>	<b>22.01</b>	<b>2000</b>
<b>3. Mike Gutbier</b>	<b>22.12</b>	<b>1991</b>
<b>4. John Landreth</b>	<b>22.14</b>	<b>1988</b>
<b>5. Reed Johnson</b>	<b>22.25</b>	<b>1983</b>
<b>6. Doug Bertram</b>	<b>22.29</b>	<b>1997</b>
<b>7. Dave Dupre</b>	<b>22.34</b>	<b>1984</b>
<b>8. Joe Seither</b>	<b>22.35</b>	<b>1996</b>
<b>9. Neil Clayton</b>	<b>22.40</b>	<b>1990</b>
<b>9. Tim Sheehan</b>	<b>22.40</b>	<b>1978</b>

**\* Team record holder**

<b>1. Megan Tomes</b>	<b>*23.60</b>	<b>2003</b>
<b>2. Angie Rosser</b>	<b>24.07</b>	<b>1990</b>
<b>3. Carrie Sheil</b>	<b>24.27</b>	<b>1994</b>
<b>4. Anita Beck</b>	<b>24.58</b>	<b>2007</b>
<b>5. Julia Comodeca</b>	<b>24.80</b>	<b>2008</b>
<b>6. Sarah Keyes</b>	<b>24.89</b>	<b>1997</b>
<b>7. Jennifer Kane</b>	<b>24.90</b>	<b>1996</b>
<b>8. Stephanie Wakefield</b>	<b>24.92</b>	<b>1998</b>
<b>9. Tara Kauscher</b>	<b>24.93</b>	<b>1994</b>
<b>10. Abby Wakeham</b>	<b>24.94</b>	<b>1997</b>

**\* Team record holder**

<b>1. Dave Wilson</b>	<b>*48.50</b>	<b>1979</b>
<b>2. Marty Tomes</b>	<b>50.22</b>	<b>2002</b>
<b>3. Joe Seither</b>	<b>50.73</b>	<b>1998</b>
<b>4. Kenji Cummings</b>	<b>51.44</b>	<b>2000</b>
<b>5. John Landreth</b>	<b>51.92</b>	<b>1988</b>
<b>6. Jeff Raker</b>	<b>52.40</b>	<b>1982</b>
<b>7. Mike Gutbier</b>	<b>52.76</b>	<b>1991</b>
<b>8. Greg Bertram</b>	<b>53.00</b>	<b>1998</b>
<b>9. Bret Keyes</b>	<b>53.01</b>	<b>1999</b>
<b>10. Mike Stringer</b>	<b>53.72</b>	<b>1995</b>

**\* Team record holder**

<b>1. Anita Beck</b>	<b>*57.40</b>	<b>2007</b>
<b>2. Emily Tomes</b>	<b>57.49</b>	<b>1998</b>
<b>3. Megan Tomes</b>	<b>57.80</b>	<b>2003</b>
<b>4. Carrie Sheil</b>	<b>58.76</b>	<b>1996</b>
<b>5. Jennifer Kane</b>	<b>59.09</b>	<b>1997</b>
<b>6. Sarah Turner</b>	<b>59.24</b>	<b>1991</b>
<b>7. Abby Wakeham</b>	<b>59.99</b>	<b>1998</b>
<b>8. Chelsea Homan</b>	<b>1:00.15</b>	<b>2001</b>
<b>9. Leigh Hicks</b>	<b>1:00.22</b>	<b>2007</b>
<b>10. Olivia Douglass</b>	<b>1:00.33</b>	<b>1995</b>

**\* Team record holder**

<b>1. John Landreth</b>	<b>*47.32</b>	<b>1988</b>
<b>2. Joe Seither</b>	<b>47.48</b>	<b>1998</b>
<b>3. Eric Foster</b>	<b>47.49</b>	<b>1999</b>
<b>4. Martin Tomes</b>	<b>47.55</b>	<b>2002</b>
<b>5. Michael Tomes</b>	<b>47.86</b>	<b>2002</b>
<b>6. Jeremy Fuller</b>	<b>47.88</b>	<b>1995</b>
<b>7. John Kirk</b>	<b>47.97</b>	<b>1997</b>
<b>8. Todd Dunham</b>	<b>48.10</b>	<b>1987</b>
<b>9. Bret Keyes</b>	<b>48.27</b>	<b>1999</b>
<b>10. Don Sumner</b>	<b>48.50</b>	<b>1990</b>
<b>10. Dave Wilson</b>	<b>48.50</b>	<b>1979</b>

**\* Team record holder**

<b>1. Megan Tomes</b>	<b>*50.48</b>	<b>2003</b>
<b>2. Anita Beck</b>	<b>52.33</b>	<b>2007</b>
<b>3. Julia Comodeca</b>	<b>52.38</b>	<b>2008</b>
<b>4. Abby Wakeham</b>	<b>52.59</b>	<b>1998</b>
<b>5. Carrie Sheil</b>	<b>53.25</b>	<b>1997</b>
<b>6. Sarah Keyes</b>	<b>53.25</b>	<b>1997</b>
<b>7. Laura Tomes</b>	<b>53.40</b>	<b>2006</b>
<b>8. Kelly Huizenga</b>	<b>53.93</b>	<b>1998</b>
<b>9. Angie Rosser</b>	<b>53.95</b>	<b>1991</b>
<b>10. Emily Kauscher</b>	<b>54.03</b>	<b>1996</b>

**\* Team record holder**

<b>1. Sean Davis</b>	<b>*4:32.36</b>	<b>2004</b>
<b>2. John Vigar</b>	<b>4:33.54</b>	<b>2008</b>
<b>3. Marty Tomes</b>	<b>4:34.24</b>	<b>2001</b>
<b>4. Eric Foster</b>	<b>4:37.18</b>	<b>1998</b>
<b>5. Jeff Atteberry</b>	<b>4:38.31</b>	<b>1999</b>
<b>6. William Montague</b>	<b>4:39.12</b>	<b>2005</b>
<b>7. Kevin Darling</b>	<b>4:41.92</b>	<b>1994</b>
<b>8. Charlie Sparks</b>	<b>4:42.10</b>	<b>2004</b>
<b>9. John Kerins</b>	<b>4:42.75</b>	<b>1997</b>
<b>10. Matt Chute</b>	<b>4:45.03</b>	<b>2002</b>

**\* Team record holder**

<b>1. Megan Tomes</b>	<b>*4:53.30</b>	<b>2003</b>
<b>2. Anita Beck</b>	<b>4:54.50</b>	<b>2007</b>
<b>3. Sarah Smith</b>	<b>4:56.91</b>	<b>2007</b>
<b>4. Abby Wakeham</b>	<b>4:58.86</b>	<b>1997</b>
<b>5. Julia Comodeca</b>	<b>4:59.37</b>	<b>2008</b>
<b>6. Laura Tomes</b>	<b>5:00.09</b>	<b>2006</b>
<b>7. Sarah Turner</b>	<b>5:01.43</b>	<b>1991</b>
<b>8. Katie Chute</b>	<b>5:03.01</b>	<b>2006</b>
<b>9. Ellie Miller</b>	<b>5:03.59</b>	<b>2002</b>
<b>10. Meghan Bowling</b>	<b>5:03.65</b>	<b>2007</b>

**\* Team record holder**

<b>1. Michael Tomes</b>	<b>*50.62</b>	<b>2002</b>
<b>2. Kenji Cummings</b>	<b>51.00</b>	<b>2000</b>
<b>3. Dave Wilson</b>	<b>51.14</b>	<b>1979</b>
<b>4. Jerry Stephens</b>	<b>52.71</b>	<b>1991</b>
<b>5. Gregg Star</b>	<b>53.87</b>	<b>1993</b>
<b>6. Neil Clayton</b>	<b>54.37</b>	<b>1990</b>
<b>7. Joe Seither</b>	<b>55.53</b>	<b>1998</b>
<b>8. Sean Davis</b>	<b>55.84</b>	<b>2004</b>
<b>9. Marty Tomes</b>	<b>55.61</b>	<b>2001</b>
<b>10. Jeremy Fuller</b>	<b>56.08</b>	<b>1995</b>

**\* Team record holder**

<b>1. Megan Tomes</b>	<b>*56.68</b>	<b>2000</b>
<b>2. Angie Rosser</b>	<b>57.65</b>	<b>1992</b>
<b>3. Michelle Murphy</b>	<b>58.53</b>	<b>1994</b>
<b>4. Olivia Douglass</b>	<b>58.73</b>	<b>1995</b>
<b>5. Dawn Bobbitt</b>	<b>58.78</b>	<b>1995</b>
<b>6. Stephanie Wakefield</b>	<b>59.11</b>	<b>1997</b>
<b>7. Abby Wakeham</b>	<b>59.73</b>	<b>1996</b>
<b>8. Julia Comodeca</b>	<b>59.92</b>	<b>2008</b>
<b>9. Kelly Huizenga</b>	<b>1:00.91</b>	<b>1996</b>
<b>10. Emily Tomes</b>	<b>1:02.33</b>	<b>1998</b>

**\* Team record holder**

<b>1. Sarah Keyes</b>	<b>*1:05.65</b>	<b>1996</b>
<b>2. Megan Tomes</b>	<b>1:06.56</b>	<b>2003</b>
<b>3. Autumn Kozimer</b>	<b>1:07.65</b>	<b>1998</b>
<b>4. Malia McGlothlin</b>	<b>1:09.64</b>	<b>1994</b>
<b>5. Emily Tomes</b>	<b>1:09.92</b>	<b>1999</b>
<b>6. Susie Walters</b>	<b>1:10.21</b>	<b>1980</b>
<b>7. Stephanie Wakefield</b>	<b>1:10.33</b>	<b>1995</b>
<b>8. Sandy Edgar</b>	<b>1:10.44</b>	<b>1988</b>
<b>9. Jenny Sinkovich</b>	<b>1:10.76</b>	<b>1990</b>
<b>10. Kelsey Zeller</b>	<b>1:10.80</b>	<b>2006</b>

**\* Team record holder**

<b>1. Trevor Dumond</b>	<b>*57.02</b>	<b>1999</b>
<b>2. Rob Kauscher</b>	<b>57.54</b>	<b>2001</b>
<b>3. Jason Druso</b>	<b>57.60</b>	<b>1992</b>
<b>4. John Kirk</b>	<b>57.79</b>	<b>1997</b>
<b>5. Doug Wharton</b>	<b>58.49</b>	<b>1998</b>
<b>6. Nick Anderson</b>	<b>59.57</b>	<b>2001</b>
<b>7. Paul Dupre</b>	<b>1:00.23</b>	<b>1983</b>
<b>8. Brian Ferry</b>	<b>1:00.90</b>	<b>1994</b>
<b>9. Jerry Stephens</b>	<b>1:01.19</b>	<b>1991</b>
<b>10. Vic Dupre</b>	<b>1:02.08</b>	<b>1980</b>

**\* Team record holder**